GRENADA DESTINATION GUIDE

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GRENADA
DESTINATION GUIDE

INTRODUCING GRENADA
‘THE SPICE OF THE CARIBBEAN’

Offering a unique experience amongst the Caribbean Islands, Grenada and its sister islands (Carriacou & Petite Martinique) offer a warm welcome and a diversity that will delight all types of visitor.

Picturesque beaches, waterfalls, rainforest and some of the best diving spots in the world all combine to create the perfect holiday destination within the Caribbean.

The accommodation on Grenada offers something for everyone where families can enjoy friendly hotels whilst couples can indulge in a luxurious stay at a boutique hotel.

Grenada also offers year round warm weather with most tourists visiting from December to April when the weather is at its driest.

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HISTORY

Independent since 1974, Grenada’s history includes its first inhabitants of Arawak and Carib Indians through to its occupation by the Spanish, French and the English who have left their influences on the islands. Red British phone boxes, French place names and West African cuisine can still be found and enjoyed today.

A tour of the island is the best way to experience the history and culture allowing you to discover treasures such as Forts George and Frederick, the Amerindian Petroglyphs hidden in the rainforest and the Cricket Museum.

The islands also have Rum distilleries, spice plantations & the Belmont Estate is a great attraction where you can taste the island’s authentic Grenadian flavours and the new goats cheese and chocolate from the famous Grenada Chocolate Factory.

Today Grenada grows more spices per square mile than any other place in the world. Short bursts of rain feeds the rainforest and crops allowing Grenada to produce a third of the world’s nutmeg in addition to cloves, ginger, mace, turmeric and cinnamon.
GRENADA
DESTINATION GUIDE

BEACHES

Grenada is blessed with pristine beaches and these include forty white sand beaches and nine black sand beaches that are cooled by the steady trade winds.

The most famous of these beaches is Grande Anse Beach, which boasts two miles of soft sand that fronts beachside restaurants, the Vendors Market and the largest concentration of hotels within Grenada.

Morne Rouge Bay, the rugged La Sagesse and Magazine Beach are great for Watersports. Pink Gin with its views of St George’s, numerous bars restaurants and activities provide all the fun a visitor could crave.
Scuba diving throughout Grenada is something extra-special with over 50 great drift, reef and wreck dives to investigate including the world famous Bianca C known as the ‘Titanic of the Caribbean’.

Reef diving promises encounters with some of the most interesting marine life including walking frog fish, nurse and reef sharks, barracuda, eagle rays, turtles, sponges and corals.

A unique snorkelling or diving experience is to be enjoyed in the marine protected area where the Underwater Sculpture Park displays silent stone statues for both the diver and marine life to explore.

For those with no previous diving experience, certified scuba diving courses will guide from the water’s edge and safely into the Caribbean’s warm blue waters.

Sculptures & Photo: Jason de Caires Taylor
From casual dining at a beachfront restaurant to fine dining at a gourmet restaurant such as the Gary Rhodes restaurant at the Calabash Hotel, Grenada is just waiting to tantalise your taste buds.

International cuisine is widely available alongside the true flavours of Grenada, savour the world's freshest fish and lobster and its national dish, Oil Down which is cooked in a Karhee or large curry pot.

Street food is also influenced by the cultural diversity of Grenada and popular dishes include aloo pie, dal puri and doubles which are essentially a chickpea curry sandwich served between two pieces of fried bread known as bara.

A variety of clubs and bars exist to entertain you into the early hours and you may also want to enjoy an amazing sunset cruise where you can enjoy lobster and champagne as the sun sets over the horizon.
EXPLORE

Grenada is so diverse you simply have to explore. The most memorable visits to Grenada include a variety of experiences and these include visiting the mona monkeys at the Grand Etang National Park or visiting Gouyave known as the town that never sleeps for Fish Friday where you can party with the locals, enjoy festival music and sample the inexpensive food.

Other areas of natural beauty include amazing waterfalls such as the 3 waterfalls of Concord and the Seven Sister Waterfalls.

The rum distilleries and nutmeg factories offer an intriguing insight into past and present Grenada life and the Bay Gardens of St George's are a true tropical retreat for those who wish to relax.

The best place to shop is the Spice market in St George's which brings a mix of retail items and local produce: pick up spices, fresh fruits, locally produced Rum, Rum based liqueurs and locally made handicrafts. Duty free is available in Grand Anse and St George's.
ACTIVITIES & EXCURSIONS

The amazing array of things to do on Grenada makes it much more than just a tropical island paradise.

To help you make the most from a holiday to Grenada we suggest you browse the following pages of this guide.

Within its pages is a sample of the fun and exciting activities & excursions that makes Grenada such a unique place.

We hope this helps you enjoy your next holiday to Grenada!
SOUTH GRENAADA REGATTA

The South Grenada Regatta, based at Le Phare Bleu Marina & Boutique Hotel, is the highlight of February in the Caribbean for both sailor and spectator who can enjoy the exciting races in several different classes: with spinnaker, without spinnaker, catamaran and fun class.

The event begins with a Count Down Party with live music, Curry Night Special and an extended Happy Hour in the Poolbar Restaurant.

Taking place in Clarkes Court Bay the first race day is a special day of Match Racing and commences at 9am Friday 24th February. A barge with a bar is located in the centre of the Bay for watching the races and also as a staging area for crews before the race. A free water taxi from Le Phare Bleu to the Match Race Island & Bar is offered so that you can’t be closer to the action!

Saturday and Sunday offers the main race days with further entertainment and services for the spectator. Powerboat rides with Seafaris around the Bay are available, Pirates Trail for the kids and each day ends with a prize giving and race party. Dance the night away to Live Music and soak up the atmosphere in the Poolbar Restaurant.

Website: www.southgrenadaregatta.com
E-mail: race@southgrenadaregatta.com
Tel: 001-473-444-2400
CARRIACOU PARANG FESTIVAL

Attracting visitors from across the world, the Annual Carriacou Parang Festival is a spectacle not to be missed.

The festival has revived and kept alive the tradition of 'house to house' serenading of string bands and hosanna carol singing and today includes performances from local, regional and international entertainers and more.

Carriacou Parang is filled with fun, humour, excitement and musical entertainment. The festival has now been extended over the entire weekend and climaxes with the much-anticipated Parang String Bands Meléé competition.

The Carriacou Parang Festival takes place each year on the weekend preceding December 25th with further details available on the Website.

The Carriacou Parang Festival invites you to visit the island of Carriacou to witness this aspect of the island's culture that is truly unique to Carriacou & Petit Martinique.

Website:  www.carriacouparangfestival.com
E-mail:  carriacouparang@gmail.com
Tel:  001-473-443-7647
CARIBBEAN HORIZONS

Specializing in fun and informative guided tours, Caribbean Horizons is the natural choice for half day, full day, hiking, sailing, evening and private tours.

A great tour option for those who want to see most of Grenada in 1 day is the West Coast Tour, which begins in St George’s before the adventure continues along the West Coast to attractions such as the Concord Falls, Gouyave Nutmeg Station, lunch at a plantation house and rum tasting at a 200 year old distillery. The tour ends by cutting across the mountains, through Grand Etang rainforest, which is home of the Mona monkey.

Alternatively you may wish to hike into the rainforest, visit the Saturday Market, enjoy the Grenada Gardens or take a sunset romance cruise. One of the best sailing tours is the Grenadine Fly Sail where you can see the fabulous Grenadines by air on a 25-minute panoramic flight, land on Union Island and join a choice of two sailing yachts to explore the Tobago Cays, Mayreau & Palm Island.

Grenada Garden Tour Special: Thinking of doing a Garden tour while you are in Grenada? We offer three gardens for the price of Two!

Website: www.caribbeanhorizons.com
E-mail: info@caribbeanhorizons.com
Tel: 001-473-444-1555
CHRIS’S TOURS AND TAXI

If you are looking for a tour of Grenada with a personal touch from a tour guide with intimate knowledge of the island then Chris's Tours and taxi will be pleased to show you the beauty of the Spice Isle.

Tours are customisable to ensure they are tailored to your own tastes and interests and may take the form of a historical tour of Grenada's rich colonial past or a walk through tour of the bustling Saturday market where you can sample the diverse fruits and spices that Grenada has to offer.

Half day, full day and private tours are available and these may include a hike to Seven Sisters Waterfall, Grand Etang to Concord Falls hike or visit local attractions such as the Belvedere Plantation, Nutmeg Pool, Dougaldston Spice Estate, Caribs Leap, rum factory and chocolate factory.

You may contact Chris by phone or email for further details or visit the Website for further information.

Website: www.grenadaexplorer.com/chris
E-mail: christours@hotmail.com
Tel: 001-473-440-1780 / 537-6581
HENRY’S SAFARI TOURS

Receiving the award of Tour Operator of the Year by the Grenada Board of Tourism, Henry's Safari Tours are one of Grenada’s success stories and a great choice for anyone wanting to enjoy what Grenada has to offer.

With an intimate knowledge of Grenada, Henry’s Safari Tours can work with you to create the perfect excursion from energetic hiking tours to relaxed driving tours or from river rafting trips to nature & birding trips.

The spectacular scenery of Grenada can be enjoyed on a hike with popular locations to visit including the Seven Sisters Falls, Honeymoon Falls and Concord Falls.

If a relaxed driving tour is more for you then a variety of half and full day excursion are recommended. Travel right around the island or focus on the mountains, coast or lakes where the amazing wildlife of Grenada can be seen.

A host of other services for the visitor can be viewed on the Website and these include services for professional yachts, cruisers, wedding arrangements and taxi services.

Website:  www.henrysafari.com
E-mail:  safari@spicelisle.com
Tel:  001-473-444-5313 / 407-0522
Belmont Estate is the Caribbean’s finest agri-tourism experience. Located in St. Patrick and only an hour’s scenic drive from St. George. This unique 17th century plantation offers guests the opportunity to participate and observe the authentic workings of a fully functional historic plantation. A variety of activities and tours include visits to the heritage museum, cocoa processing facilities, organic farm and gardens.

The museum allows you to take a step back in time and discover the rich legacy of Grenada’s ancestors whilst the plantation tour will allow you to explore the fascinating story of the cocoa bean.

The tropical gardens are perfect for a leisurely stroll where you may encounter the friendly farm animals, monkeys, parrots and tortoises. Guests can also enjoy delicious organic chocolate bars and bonbons from the Grenada Chocolate Company; goat cheese from the Goat Dairy and locally made crafts.

The 250-seat restaurant offers spectacular views and is the highlight of the tour. A culinary adventure can be enjoyed and the setting is perfect for either intimate dining or large parties and events.

Website: www.belmontestate.net
E-mail: info@belmontestate.net
Tel: 001-473-442-9524
The De La Grenade Nutmeg Garden, located in St Paul's, is a unique attraction comprised of a beautiful two-acre landscaped garden, the De La Grenade factory, and the factory shop where you can sample and purchase the award-winning finished products.

A stroll through the lush garden reveals a cornucopia of plant life from which the factory’s signature jams, pepper jelly, nutmeg syrup, liqueur, seasonings, and sauces are made.

Meandering paths covered with nutmeg shells lead you past native shrubs, flowers and fruit trees while knowledgeable and friendly guides identify the vast array of flora, bringing the garden to life before your eyes and arming with you with a wealth of information on traditional foods and remedies.

A tour of De La Grenade Nutmeg Garden is an absolute must for visitors to Grenada, the ‘Isle of Spice’.

Website: www.delagrenade.com
Website: http://aqua.gd/dlg/garden.php
E-mail: dlgignd@spiceisle.com
Tel: 001-473-440-3241
GRENADA DISCOVERY TRAIN

Discover St George and its surroundings in a charming, comfortable and unique way with the Grenada Discovery Train.

Narrated scenic city sightseeing trips take place on-board the trackless tourist train with a design inspired by the 1900’s steam locomotives.

The journey begins at the Cruise Ship Terminal just outside Esplanade Mall and departs hourly from 9am to 3pm. Your first stop is at Fort George and then past the Summer House for fantastic panoramic views of the Carenage. Next, is the National Museum followed by photography opportunities along the picturesque waterfront at Herbert Blaizes’ View Point.

Also available is a special sunset trip that takes passengers up to a site of unique and well preserved forts from where the view is absolutely stunning. This trip includes a guided tour of the Forts complex, local snacks and rum-punch.

The Grenada Discovery Train is also available for charter for special occasions and weddings. Admissions to Fort George and the National Museum are included in the cost of the ticket.

Website: www.grenadadiscoverytrain.com
E-mail: info@grenadadiscoverytrain.com
Tel: 001-473-405-6698
GRENADA SEAFARIS
POWERBOAT ADVENTURE TOUR

Grenada Seafaris provide sea tours ensuring you see the best bits of Grenada during your holiday. Snorkel tours and private charters are offered, details of which are available on request.

The most popular island tour visits many of the bays and coves on the West coast where, during the brief stops, you can learn about Grenada including nautical history, ecology, geology and wildlife.

A highlight of the tour is a snorkel stop (conditions permitting) at the Underwater Sculpture Park where Albert, the snorkel guide gets into the water with you and takes you on a snorkeling tour to visit the underwater statues created by sculptor Jason Taylor.

Anyone not wanting to snorkel or swim can relax on board and watch the countless numbers of fish that greet the boat as it arrives.

The tour is suitable for ages of 2 and upwards and snorkel gear is provided as well as juice and water, full details of the tours are available on the Website.

Website: www.grenadaseafaris.com
E-mail: seafarisales@hotmail.com
Tel: 001-473-405-7800
Take command and pilot your own boat and snorkel with Sea Sun Adventure and the E-Sea Riders excursion.

This unique experience sees you as the captain of your own two-person inflatable motorboat where you can enjoy some wet and wild fun.

Follow your guide as you pass by large yachts in Port Louis Marina and inside the Carenage of St George's before breaking out into the Caribbean Sea. You will pilot your motorboat alongside the picturesque and colourful coastline and enjoy the stunning scenery that Grenada has to offer.

There is plenty of time to stop in the Marine Park where you can explore one of Grenada's foremost snorkelling sites. Here you may swim or snorkel before the return journey of this exhilarating adventure.

We recommend a visit to the Sea Sun Adventure's Website to enjoy a video of the action that awaits!

Website: www.grenadaseasunadventure.com
E-mail: seasunadventure@spiceisle.com
Tel: 001-473-419-0000
The 60 foot state of the art catamaran ‘Shadowfax’ was built by one of the world’s top catamaran designers and will allow you to enjoy a choice of luxury cruising tours at speeds of up to 20 knots.

The most popular excursion is the Champagne & Lobster Cruise, which offers six hours of sailing from St George’s Harbour along the beautiful South West Caribbean Coast before sailing upwind to the secluded Hog Island on this exhilarating experience.

There’s time to stop and snorkel on a stunning coral reef that is teeming with marine life, after which you may enjoy your lobster lunch cooked and served on the beach where you can swim and explore ‘Robinson Crusoe’ Island.

The friendly service from the crew will ensure you enjoy this special day and have fabulous memories before you enjoy the one-hour sail back to St George’s.

Further cruise itineraries can be viewed on the Shadowfax Website.

Website: www.bananaboattoursgrenada.com
E-mail: shadowfax@spiceisle.com
Tel: 001-473-437-3737
TRUE BLUE SPORTFISHING

Located at Camper & Nicholsons Port Louis Marina - St George’s, True Blue Sportfishing are the experts in providing fishing charters in the best deep sea fishing venues in the Caribbean.

Captain Gary Clifford has been offering fishing charters since 1998 and invites you to enjoy his speciality of offshore deep sea fishing for Blue & White Marlin, Sailfish and big Yellowfin tuna as well as wahoo and dorado. He is also a member of The Billfish Foundation and practices tag and release for all billfish caught.

Only the best tackle and equipment is used and the purpose built 31ft Innovator ‘Yes Aye’ is capable of 30 knots whilst providing a dry comfortable ride similar to that of a much larger vessel.

True Blue Sportfishing are simply dedicated to helping you catch the fish of your dreams and blue marlin can be hooked just 20 minutes from the shore.

Half and full day fishing trips are available and the boat can be chartered privately for your group or shared for those who don’t wish to charter the whole boat.

Website: www.yesaye.com
E-mail: grclifford@spiceisle.com
Tel: 001-473-407-4688
Aquanauts take great pride on offering a professional and personal service with knowledgeable instructors that love to guide your improvements in scuba diving and tell you all about the oceans Eco-system.

Grenada has dive sites to suit all experience levels with a large number of wrecks, coral covered reefs and colourful marine life to see. Aquanauts dive centre is located within just a few minutes boat ride of some of the best dive sites so you can get into the water and start exploring straight away.

The course schedule is arranged to suit you and you can choose from Discover Scuba right through to specialist courses such as Digital Underwater Photo and Deep Diving. Aquanauts also offer dive courses for kids so the whole family can enjoy diving together, with children from the age of 8 able to enjoy the safe environment of the pool and kids of 10 upwards able to sign up for full certification classes.

Aquanauts also offers technical diving and welcomes rebreather divers; providing all the facilities for a silent dive holiday. Full details are available on the Aquanauts Website.

Website: www.aquanautsgrenada.com
E-mail: dive@aquanautsgrenada.com
Tel: 001-473-444-1126
DIVE GRENADA

Offering superb scuba diving, snorkelling and PADI training, Dive Grenada is a small, friendly and flexible dive shop that provides a personal touch to your diving experience.

Grenada is the 'Wreck Diving Capital of the Caribbean' and the PADI 5 Star and BSAC Resort Centre of Dive Grenada at Grand Anse Beach is perfectly placed to take advantage of this. The best dive spots are close by and these include the unique Underwater Sculpture Park, stunning reefs, drift dives and the infamous Bianca C 'Titanic of the Caribbean'.

Snorkelling trips are also available and a great family choice. The 'Marine Protected Area' will allow you to explore the sheltered reefs with beautiful corals, sponges and a large variety of marine life.

If you haven't dived before then the PADI Discover Scuba Diving Course will get you into and under the water safely. Experienced divers can extend their knowledge with a selection of advanced and specialist courses and Dive Grenada's Website is a great resource for further information.

Website:  www.divegrenada.com
E-mail:  info@divegrenada.com
Tel:  001-473-444-1092 / 414-6229
ScubaTech offers the complete range of PADI programmes from beginner up to Divemaster and whether you are new to scuba diving or an expert you will be able to find the perfect programme to suit your skill level.

Grenada is a diver’s paradise and with more than 30 sites including the famous Bianca C, the "Titanic of the Caribbean", so you can enjoy a variety of technical and recreational diving.

ScubaTech aims to provide high quality individual service with small groups on each dive and a focus on safety and fun to combine the best ingredients for a fantastic dive trip. The Grenada Dive centre is located in the sheltered Prickly Bay and is equipped with a private jetty for easy access to the dive boat at all times.

As well as the full range of PADI course, ScubaTech also offer rebreather training for SCR Drager Dolphin, CCR Buddy Inspiration and technical dive training to Extended Range.

Other activities on offer includes sightseeing tours of Grenada and a sunset champagne cruise as well as a variety of other Watersports.

Website:  www.scubatech-grenada.com
E-mail:  info@scubatech-grenada.com
Tel:  001-473-439-4346
FOOTLOOSE YACHT CHARTERS

Footloose Caribbean Yacht Charters provides yacht charters in the Grenada and the Grenadines with the option of a day sail or charters of 3 to 10 nights. These beautiful unspoiled islands have a myriad of turquoise bays, anchorages and moorings to explore and your captained or crewed charter will be spent exploring these wonderful islands.

Day Sail options include a trip to Calivigny or Hog Islands where turtles and whales can often be seen in the water and where you will find plenty of snorkelling opportunities. Alternately, you can choose one of the longer, more exciting sails north, to the uninhabited islands - Isle de Ronde or Sandy, where the pristine white beaches are deserted and fabulous and the snorkeling is unsurpassed.

Both day sails include a full barbecue lunch prepared on the deck and snorkelling equipment is provided. Longer 3 to 10 days charters allow you to visit many of the islands each with their own unique charm and you can choose to dine on board or step ashore to one of the fantastic island restaurants. Footloose Sailing can also organise wedding arrangements so you can get married on board and go sailing afterwards and enjoy a romantic sunset cruise.

Website:  www.grenadasailing.com
E-mail: footloos@spiceisle.com
Tel:  001-473-440-7949
HORIZON YACHT CHARTERS

Offering a heightened experience with the exclusivity of a private skippered yacht charter, Horizon Yacht Charters will allow you to explore the many stunning anchorages of Grenada.

Bespoke day sails or half day sails can comfortably accommodate up to 8 guests and the highly experienced skipper will cater to your every need to ensure your cruise is the perfect experience.

You may sail the boat yourself, swim in the sea, snorkel or simply relax and unwind as you enjoy the stunning scenic views.

Horizon Yacht Charters also offer a sunset cruise that leaves from the Port Louis Marina, St George’s. This unforgettable romantic cruise is simply breathtaking and you can enjoy a complimentary glass of sparkling wine as the sun goes down.

Further services include term charters and wedding services and these can be viewed on Horizon Yacht Charters’ Website.

Website: www.horizonyachtcharters.com
E-mail: info@horizongrenada.com
Tel: 001-473-439-1000
ART FABRIK
BATIK WORKSHOP AND BOUTIQUE

Located in the historic district of St George’s and housed within one of the first buildings in St George’s built by the English over 250 years ago is the Art Fabrik boutique. Look for the fire-orange painted house.

Here you will see wearable art with exuberant colours of the tropics as you tour around the batik studio. Everything is made under one roof and you can follow the creative process as the design, testing, creating, tracing, waxing, dying, boiling and drying out under the Caribbean sun takes place just as it was centuries ago.

The hand painted batik clothing, unique accessories and jewellery capture the imagination and friendly salespeople are on hand to show you the range and of course you can purchase a gift if you wish.

Described as ‘must see’ by the Lonely Planet, Conde Nast, Fodor’s and National Geographic guides you simply must include Art Fabrik in your itinerary when visiting St George’s. The craft items, jewellery and batik are also available to order online.

Website: www.artfabrikgrenada.com
E-mail: infos@artfabrikgrenada.com
Tel: 001-473-440-0568
Fountain of Youth Yoga

During your holiday this year, learn how to truly relax by doing daily yoga classes. We will teach you how to use your breath and do poses that will bring complete relaxation to your mind, body and soul.

Learn simple yet very effective ways to live a better quality life, and apply them back at home and at work after your vacation. Through yoga you will learn life skills that will serve you throughout the rest of your life.

You are already equipped with everything you need to live your best life, one of quality, deep inner peace and joy. Let us remind you how to use what you inherently have to live such a life.

We have classes for all levels, from beginners through advanced levels. It does not matter if you have never done yoga before or you may be looking to deepen your connection to your practice, we will help you set yourself on the path to balancing your life mind, body and soul.

Website: http://yoga.gd
E-mail: info@yoga.gd
Tel: 001-473-415-2118
GRENADA WEDDING

Creating flawless wedding ceremonies and breathtaking receptions, Grenada Wedding is renowned for its detailed planning of weddings in Grenada.

Four specially designed wedding packages are available and these can be customized further. The Ocean Spray Wedding offers romantic simplicity whilst the Turquoise Dreams Wedding ensures exquisite memories are captured. The Sugar & Spice Wedding allows you to indulge in tropical luxury whilst the Bespoke Wedding is perfect for those who already have a location in mind.

With wondrous locations from idyllic beaches to tropical waterfalls, the perfect backdrop will accompany your wedding. Your wedding planner will ensure that the process of creating your perfect wedding is stress free and every aspect can be catered for from the legal paperwork to transportation and from bridal bouquet to the champagne toast.

This unique service is provided with a joint team of UK and Grenadian expertise to ensure the highest level of service from home to honeymoon.

Website: www.grenadaweddinguk.com
E-mail: grenadawedding@spiceisle.com
Tel: 001-473-420-2878
0207-078-0390 (UK)
NORTH SOUTH WINES

As the largest wine specialist and wine importer in Grenada, North South Wines offers the widest selection of quality wines accompanied by a great service.

Private individuals, yachts, local hotels, restaurants and caterers can enjoy a selection of wines from eleven countries worldwide. The right wine for your special dinner, festival dinner parties, wedding banquets, yacht charter or for no other reason than pure indulgence is always available.

‘The Wine Shoppe’ was opened in 2000 at the Spiceland Mall, Grand Anse and this retail facility provides the world’s finest wines to the island’s visitors.

Wine novices can visit the Website or enjoy wine selection advice directly in the shop to help ensure the perfect wine is picked to accompany your cuisine.

From a Cabernet Sauvignon to a Chardonnay, the right wine is always available.

Website:  www.northsouthwines.com
E-mail:  info@northsouthwines.com
Tel:  001-473-444-1182
This guide was prepared by Holidays Please who are UK holiday company that sells high quality Grenada holidays and Grenada hotels.